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Dr. Milano is consultant to the United States Department of Justice and to the legal industry for medical risk appraisal and life expectancy for malpractice advocacy and defense. He is also a consultant on matters mortality & life expectancy within the insurance industry. He was formerly Vice President of Medical Research at Generali USA Life Reinsurance Company in Kansas City, Missouri in charge of Global Medicine Research and Development.

Following graduation from the College of the Holy Cross, he was awarded a Master of Arts degree from Wesleyan University where he majored in genetics & biochemistry. He received his MD from New York Medical College and completed his residency in General Surgery as a commissioned officer in the United States Public Health Service. The MPH degree was conferred on him by the Boston University School of Public Health. Dr. Milano is Board Certified in Insurance Medicine.

Dr. Milano is a retired USAF Colonel and Flight Surgeon receiving the Command Flight Surgeon of the Year award in 1990. He has also served in a number of executive management and academic positions including: Senior Vice President of Academic and Medical Affairs & Associate Dean for Medical Education at the North Broward Hospital District in Fort Lauderdale, Florida in association with the University of Florida College of Medicine, consultant to the American Medical Association and was the 1995 keynote speaker at the AMA National Convention (resident section) in Chicago, and University of Connecticut School of Medicine where he presented a series of one-semester courses entitled "An evidence-based approach to clinical-care quality, utilization, risk management and peer-review.

Dr. Milano is a frequent contributor to the insurance medical literature and is a member of the Canadian Life Insurance Medical Officers Association (CLIMOA), The American Academy of Insurance Medicine (AAIM) and its Mortality & Morbidity Committee as well as a member of the Mortality and Morbidity Liaison Committee of the Medical Information Bureau (MIB). Dr. Milano is licensed in Massachusetts and is a member of the American Medical Association and the Massachusetts Medical Society. He and his wife Elizabeth reside in Cummaquid on Cape Cod, MA.